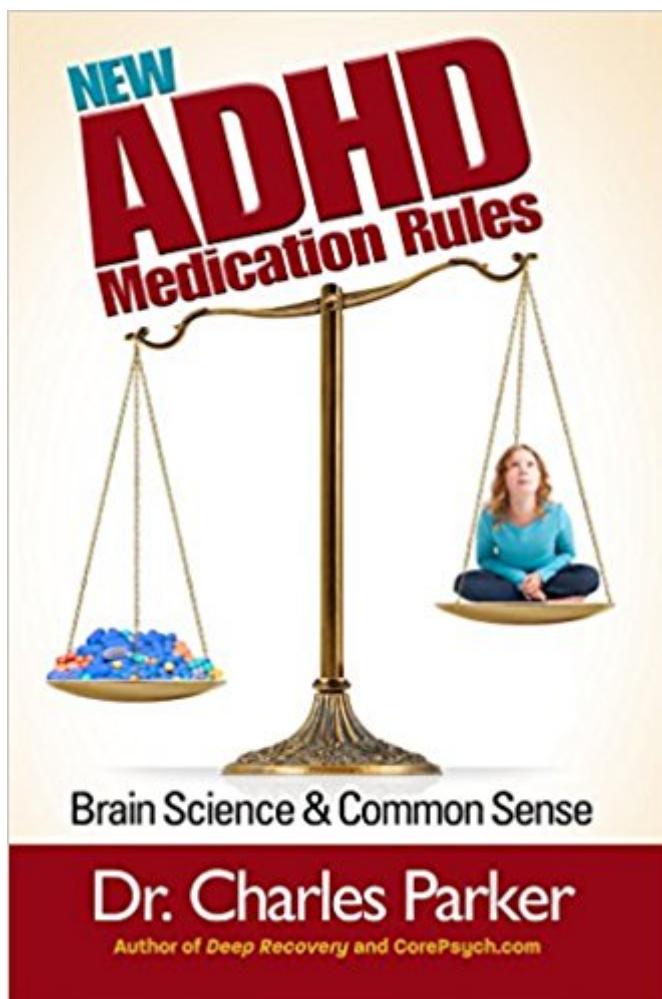


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# New ADHD Medication Rules: Brain Science & Common Sense



## Synopsis

New Rules Provides Solutions For ADHD Medication ConfusionMedical treatment for ADHD fails far too often - not because of the drugs themselves, but how they are managed. New ADHD Medication Rules -- Brain Science & Common Sense shows that patients often suffer from missed brain and body diagnoses that create a variety of reactions to ADHD medications. The too frequent result of these challenges: diagnostic confusion, imbalanced treatment and over or under medication. In the only book of its kind, Dr. Charles Parker clearly explains how these uncertainties happen, and how insightful communication with professionals can dramatically improve treatment using available methods assembled from hard data, clinical experience and laboratory research. What You Will Learn From New ADHD Medication Rules:Stimulant medication duration, "burn rates," depend on how the brain reacts to specific stimulant medications and to medical challenges in the body, such as nutrition and immunity. These imbalances affect brain function, and ultimately create unpredictable reactions to ADHD medications.Treatment is not on par with easily understandable brain science. Brain science employs precise ADHD guideposts to remove much of the guesswork around diagnosis and treatment.Few, if any, rules or protocols are available to practitioners for the daily clinical management of ADHD medications. Without specific rules patients face a standard-of-practice quagmire based upon inadequate treatment targets.According to Parker: "Too many aren't thinking critically about medical treatments for the thinking process. ADHD is a diagnosis based upon appearances, not brain function."Ã  Understandable SolutionsIn straightforward language that simplifies the mind/body complexity of ADHD medical management, New ADHD Medication Rules offers clinical data and explanations for why treatments so often fail. Using irrefutable research about brain and body responses to ADHD meds, Dr. Parker outlines New Rules - practical treatment protocols - to customize treatment for each patient, and thereby design more predictable outcomes. New Rules ObjectivesWritten for patients, parents of children with ADHD, and professionals, this book compels us to pay better attention to the drugs for paying attention.Both paperback and Kindle editions are now available at .

## Book Information

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## Customer Reviews

Awaiting specific reviews.

I organized New ADHD Medication Rules after years of picking up the pieces during difficult second opinions in my office - both from my own treatment failures and my colleagues who missed aspects of the medication treatment process. To this day far too many simply write for ADHD meds without remotely thinking about the complexity, the details or the long term implications of medication management. New Rules translates available Brain Science into Common Sense applications. New ADHD Medication Rules reports understandable, data driven standards that arise directly from the extensive literature on medications, and from the newest information on brain imaging, immune system challenges, metabolic problems and simple genetic issues that often go overlooked when using ADHD meds. Symptom targets need improvement, and dosage strategies need far more precise attention. I've taught other medical professionals to use New Rules medication protocols for ADHD medications since 1996 all across the USA - from LA and Seattle, to NYC, Boston San Francisco and Chicago, and know that they work because I've updated and self-corrected these New Rules regularly as fresh brain science discoveries emerged. From functional SPECT brain imaging to neurotransmitter measurements, to understanding immunity challenges such as gluten and casein, neuroscience discoveries create more predictable outcomes - but only if used in the office. ADHD is the most frequently misunderstood, misdiagnosed and mistreated psychiatric condition on the planet--and fresh neuroscience spells out the underlying details for improved, more predictable recovery. With New Rules the reader can participate in these next essential changed changes for ADHD medical care.

A lot of people these days live very self-centered lives. Clearly it is beyond KidPsychDoc how a physician could be as selfless, and insightful as Dr. Parker. Dr. Parker has transformed thousands

of lives with his research and clinical practices. He is a desperately needed light amongst a league of colleagues awash in indifference and muddled thinking. Like it or not KidPsychDoc, Psychiatry has long been considered the 'orphan branch' of medicine, and for good reason. Superficial, inadequate, downright dangerous diagnostic criteria have long dominated this specialty, and prevented the introduction of techniques and practices based on valid brain science. Dr. Parker has made dramatic strides in undoing this legacy of neglect and abusive practice, but lo, the flat earth enthusiasts still chide and mock. Clearly your group think post stems from insecurities that see the foundation of psychiatry being torn down, and rebuilt from a scientific perspective that threatens your painfully limited understanding of brain science. And to speak to your accusations of Dr. Parker having financial interests in pharmaceutical companies, he clearly explains, with reference to a book by Dr. Mary Solanto, why he considers dexedrine products superior to ritalin products. Further, Dr. Parker does not consider the majority of mentally ill patients to have ADHD. He's sees the syndrome in the complex terms it presents, with many different etiologies. The DSM is a joke, and that's why it is finally being rejected by the NIMH, the worlds largest funding agency for research into mental health.

As a pharmacist recently diagnosed with adult ADHD, Dr. Parker's book is the very best reference work on ADHD medications and determinnng the right dosage. What Dr. Parker states is absolutely true: there is a dearth of medical knowledge about ADHD medications among health care practitioners. In my opinion this book is the salient work on the subject of managing ADHD medications for both children and adults.

As the community leader on a ADHD forum, I get many questions from adults about why there meds don't seem to be working. This book really answers most of those questions. I have not seen any thing else on the market that covers this material. It definitely proves that "one size" doesn't fit all. There are many reasons why the meds may not be working and this book seems to cover most (all?) of them. It is very helpful!!!

Dr. Parker brings a true clinical perspective to the topic. He has an extensive background with ADHD; but what I'm impressed by his attention to the challenges. He recognizes that we as people are more complex than a simple diagnosis and pill. He has stayed focused throughout this book, and clearly throughout his professional tenure, on how to get the most for his patients, and that means identifying and managing the challenges. In this book he gives you access to his deep

experience in recognizing, understanding, and overcoming these challenges. I wouldn't miss the chance to read this.

Expected much, got little. The premise is so good, I wish it worked.. Wanted practical guidance on medication. Seems to be untested.. Too rambling and full of self congratulations to apply.

I am SO glad I found Dr. Parker. He has helped me and so many others. We did a 3 part Webinar with him on [TOTALLYADD.com](http://TOTALLYADD.com) and he is a fountain of knowledge. And so understanding.

A lot of good and updated info for adhd.I wish that all the practitioners would take adhd more seriously therefore avoiding unnecessary mistakes.This book is a good tool to help you asses your treatment.

There are plenty of important concepts in this book. Relating to ADHD itself, Dr Parker's insights into different types of ADHD symptoms, as he defines them, is eye-opening and, I believe, is "required reading" for everyone in the field. His contention is that symptoms which are functionally different must be addressed differently. His description of "Thinking Without Acting", which he calls the most prevalent subset of ADHD and the most overlooked, is itself worth the price of the book.Regarding medications: some of the most important concepts he deals with or introduces are the expected duration of effectiveness (defining and monitoring), and the effects of allergies and metabolism on medications. His explanations of drug interactions is the clearest and most informative I have seen in a book whose target audience includes (but is not limited to) the lay reader.For ADHD medications to be optimally effective as well as safe, the patient and the prescribing doctor must take into account a number of (for the most part) simple concepts, and they must do so with patience and perseverance. Dr Parker's zeal to spread this message is fueled by the fact that neither patients nor prescribers tend to "follow the rules", with the result of much unnecessary suffering.This is an important book for everyone impacted by ADHD to read and understand.

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